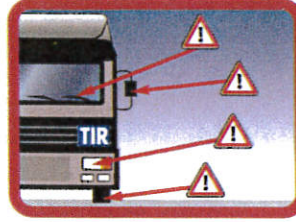


The Truck Driver's Safety Card

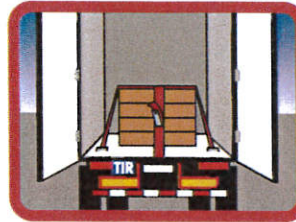
As a professional driver, you are performing a role that is essential for the economy and society. You are the ambassador of your company and of our profession.



Check the condition of your vehicle



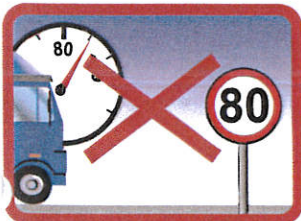
Check the vehicle and transport documents



Secure your load properly



Fasten your seatbelt



Respect speed limits



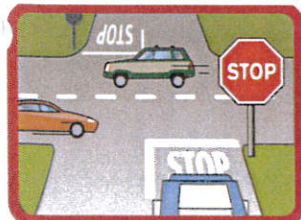
Remember the blind spot



Adapt your driving to weather conditions



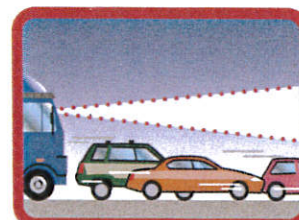
Park only where permitted and in a secure area



Respect intersection rules



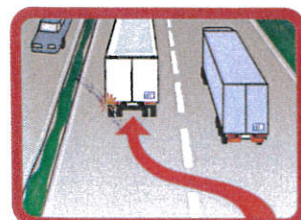
Don't drink or drug drive



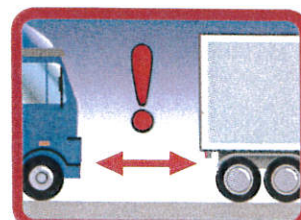
Anticipate upcoming traffic problems



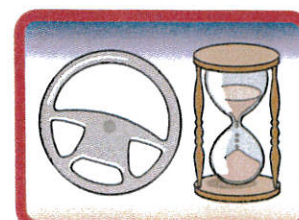
Don't use your handheld mobile phone while driving



Change lanes safely



Keep a safe distance



Respect drive and rest times



Rest when you feel tired